

Information for parents and caregivers

Your child will soon be taking part in this year's Day for Daniel activities. The theme for Day for Daniel is **Safe Spaces - Creating safer environments for children in online and offline spaces.**

Early childhood (ages 0-5) is a critical time for the development of a child's brain. Experiences of child sexual abuse can have significant negative impacts on a child's development and long-term wellbeing. Building confidence in children through age-appropriate knowledge and skills from a young age lays the foundation for keeping kids safe in all areas of life.

To support this, your child will be viewing *Jelly's Safety Circus Adventure*, a digital storybook specifically designed for children aged 0 to 6 (early years and prep). This book encourages important conversations and helps children to understand **private body parts, body boundaries** and the importance of **speaking up** when something doesn't feel right.

Jelly's Safety Circus Adventure aligns with the Early Years Learning Framework V2.0 and the Australian Curriculum Version 9.0. The book aims to give learners the knowledge and skills to develop help seeking strategies that support their mental and physical health and personal safety.

Continuing Conversations:

Jelly's Safety Circus Adventure provides a starting point for important conversations about personal safety with your child.

Some questions that can help continue the conversation include:

- **Do you know what your body boundary is?**
 - o A body boundary is like an invisible line around you.
 - o You're the boss of your body and you can speak up if something doesn't feel right.
- **What can we say when someone touches us in a way that makes us feel worried, scared or uncomfortable?**
 - o It's always okay to say "no" or "stop".
 - o You can put your hand out like a stop sign and say "No! My body belongs to me".
- **Do you know who to tell if you feel worried, scared or uncomfortable at daycare/school?**

These conversations are ongoing and will change as children grow and experience different environments. You can find more resources to support ongoing discussions here:

[**Goodstart Early Learning Feel Safe, Be Safe - Teaching children protective strategies**](#)