

React: If I feel unsafe I can...

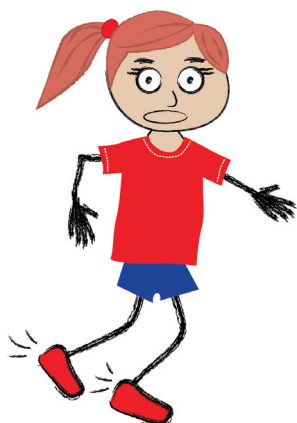
Activity Sheet

Tick the boxes.

We all have the right to be safe. This means we are allowed to say 'No' to anything that makes us feel worried, scared or uncomfortable. We can REACT to keep ourselves safe. It's okay to break a rule if we need to - this doesn't mean that it's easy to do.

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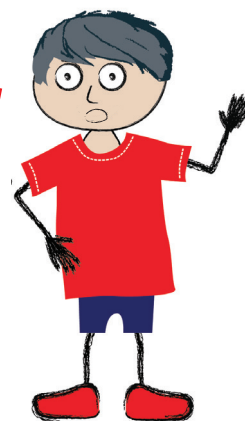
Run



HELP!!!

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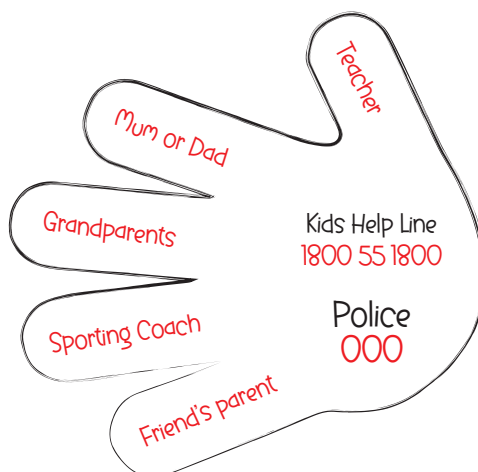
Scream



NO! NO!

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Say NO!


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Tell someone

Draw your own:

If someone couldn't - or didn't - react in an unsafe situation, that's okay. Tricky situations are NEVER a child's fault. It's also never too late to talk to a safety helper.

Kids Helpline 1800 55 1800