

Australia's Biggest Child Safety Lesson



Synopsis of Australia's Biggest Child Safety Lesson 2018

The lesson has been developed using age appropriate evidence based personal safety education strategies for children between the ages of 3 to 8 years.

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| Introduction | Bruce and Denise Morcombe create a safe learning environment by outlining the safety rules that will be followed during the lesson. Introduce the lesson hosts: Julia Billington and Anthony Standish. |
| Understanding feelings | Identifying facial expressions for different emotions. Acting out different emotions and using pictures to identify. Singing a song about feelings and encouraging interaction. Introduction of safety helper hand and identifying adults that children can talk to about feelings. Grandparent. |
| Recognising body clues | Understanding the physical responses the body has when feeling unsafe. Using visual images identifying body clues in children such as wide eyes, warm cheeks, shaky legs. Another adult added to the safety helper hand. Teacher or Early Childhood worker. |
| Looking after my body | Items such as toothbrush, comb and soap are picked up and their use demonstrated on a clothed doll. |
| Body ownership, names of public and private body parts (anatomical language) | Bodies are amazing and can do all sorts of things. Video song, Heads and shoulders, knees and toes. Participation from children encouraged. A clothed doll used to explain all bodies have public body parts. These are often covered by clothes. Explanation of clothing such as trousers, shoes, hats. Image of cartoon children wearing swimmers. All bodies have private parts too. As Julia says the anatomical names of the private body parts they appear in text on the screen. (Nipples, vulva, vagina, penis, testicles and bottom.) These body parts do special things that a parent or carer can explain after the lesson. No one is allowed to look at or touch your private parts. Bathing a male and female plastic baby in small baths, Julia and Anthony explain that we might need help to look after our bodies when we are little. We can see the baby's body parts while they are in the bath. When the babies get older they will be able to look after their own bodies. Until then only very special adults are allowed to help them. Another adult added to the safety helper hand. Mum, Dad or Carer. (An adult who looks after you at home) |
| Feelings review | Storybook – excerpt from 'I've got a feeling!' by Stephanie Owen Reeder. |
| Safety helper hand and conclusion | Revision of adults already on the safety helper hand, choosing pictures of other adults who could be helpers. Auntie/ Uncle/ Police. Encouraging children to make their own safety hand using provided activity sheet. End of lesson. |

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