



## Australia's Biggest Child Safety Lesson

## Early Childhood and Junior Primary 2020

Australia's Biggest Child Safety Lesson has been developed using age appropriate and evidence-based personal safety education strategies for children aged 4 to 7 years old.

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Introduction	Together with our Daniel Morcombe Foundation puppets (Frankie and Alex), the presenter Chloe Crawford explores some hints about the lesson content. They establish the theme of safety and outline some guidelines for creating a safe learning environment.
Feeling safe	'Nickleby' the magician (Nick Britt) arrives as a surprise guest and then affirms the right to be safe. The concept of feeling safe is developed. A series of body clues are identified as possible physical responses the body has when a person feels unsafe. The examples of a racing heart, shaky legs, hair standing up, goose bumps and feeling sick in the tummy are supported with an animation.
Surprises and secrets	'Mr Fluffy' (Nickleby's rabbit) makes an appearance. Nickleby advises that, although Mr Fluffy is cute and looks as though he would be a good listener, he cannot do anything to keep anyone safe. The importance of safety helpers is affirmed. Safety helpers are defined.
	Together the puppets, Nickleby and the presenter explore examples of a surprise and a safe secret. Children are then reassured that they are allowed to talk to a safety helper about anything. The concept of unsafe secrets is raised. Children are reminded that they are the boss of their own body and that they can say no to anything that makes them feel unsafe.
	The presenter confirms that private parts are covered by underwear or swimmers. It is clearly stated that, whilst a child may need some assistance to look after themselves, it would be an unsafe secret if anyone asked to see their

swimmers. It is clearly stated that, whilst a child may need some assistance to look after themselves, it would be an unsafe secret if anyone asked to see their underwear or touch their private parts. It is also established that no one can ask a child to touch their private parts or show them pictures of private parts.

It is affirmed that abuse is never a child's fault. Children are reassured that it would never be their fault if someone asked them to keep an unsafe secret – similarly, it is never too late to report to a safety helper.

Safety helpers and resilience in help-seeking

Nickleby and the presenter explore options for adults who might be part of a child's safety helper hand. Culturally diverse options for parent, grandparent, aunty or uncle are illustrated by finger puppets. Nickleby also outlines the number to call for help from the police.

Conclusion

The lesson finishes by encouraging children to make their own safety helper hand.

