

# Parent/Carer Guide



## Australia's Biggest Child Safety Lesson

### Upper Primary 2020

The Upper Primary version of *Australia's Biggest Child Safety Lesson* is suitable for children aged 8 to 12 years. It will teach children key personal safety concepts in a fun and interactive way. It can be viewed in large or small groups at school or you can also watch it at home together.

### Contents of lesson

<b>The Online World</b>	The online world is defined and then compared with the real world. In the first 'Vox Pops' segment, students discuss what they like about the online world.
<b>Recognise, React, Report</b>	This segment of the lesson assists students to unpack an unsafe situation that occurs online. They are encouraged to understand the physical responses the body has when feeling unsafe, explore how to react when something goes wrong, and examine an example of reporting.
<b>Online Safety Tips</b>	This segment presents an 'around the grounds' approach to some key online safety tips.
<b>eSafety Commissioner</b>	In this segment, our Junior Journalist interviews Julie Inman Grant – Australia's eSafety Commissioner.
<b>Brain Science and the Online World</b>	A 'wacky scientist' answers the questions: <ul style="list-style-type: none"><li>• What is dopamine?</li><li>• Why is dopamine relevant to the online world?</li></ul>
<b>Looking out for a Friend</b>	The second 'Vox Pops' segment presents students responding to the question: <ul style="list-style-type: none"><li>• What would you do if a friend told you they had felt unsafe online?</li></ul>

It is adults' responsibility to keep children safe; however, research shows that teaching children personal safety skills can play an important role in the prevention of harm.

### What can you do at home?

Talk about the lesson with your child and encourage them to share what they have learnt. If they bring home activity sheets, look at these together and put them up on the fridge or a wall in the house.

If you wish to complete some activities together at home, you can find some activity sheets on our website [www.DanielMorcombe.com.au](http://www.DanielMorcombe.com.au).



