

# Keeping kids safe!

## REACTION



This is Lei.

Lei is 11 years old and needs some help figuring out the best **REACTION** to each problem. Can you help her? For each of the situations below, choose who you think would be the most helpful to talk to. Remember: A safety helper listens, is kind and your body clues feel safe.

LEI'S AUNTY, MUM, GRANDAD OR FRIEND'S MUM OR DAD	KIDS HELPLINE	000 EMERGENCY
A FRIEND	NO ONE	LEI'S TEACHER

<p><b>1.</b></p> <p>Lei is playing in the park with her friend when she sees a dog off its lead. The dog is small and not barking but Lei is scared of dogs. Her heart begins to pound, her palms sweat and she freezes. Should she talk? Who should she talk to?</p>	<p><b>2.</b></p> <p>Lei is playing an online game with her school friend Danny on the holidays. Danny introduces Lei to his cousin Rob. Rob keeps asking Lei lots of questions and wants her email, so he can send her an email. Should she talk? Who should she talk to?</p>	<p><b>3.</b></p> <p>Lei's mum and dad have been fighting a lot lately. She is feeling worried about them (trouble sleep and concentrating). They both seem really stressed. Should she talk? Who should she talk to?</p>
<p><b>4.</b></p> <p>Lei is in class and is feeling sad because she is thinking about her goldfish, who died that morning. Should she talk? Who should she talk to?</p>	<p><b>5.</b></p> <p>Lei is watching videos on her computer and a commercial comes on for a really scary movie. Lei notices that the hairs on the back of her neck are standing on end, her tummy feels funny, and her heart is racing. Should she talk? Who should she talk to?</p>	<p><b>6.</b></p> <p>Lei is walking to school with her mum and sister. They see an elderly man trip over and he hurts himself. Should she talk? Who should she talk to?</p>
<p><b>7.</b></p> <p>Lei and her friend Sameera walk from school to swimming together. One day, Sameera isn't at school and Lei would have to walk alone. Her heart beats quickly and her palms are sweating. Should she talk? Who should she talk to?</p>	<p><b>8.</b></p> <p>Lei is reading a comic and reads a joke that makes her burst out laughing. Should she talk? Who should she talk to?</p>	<p><b>9.</b></p> <p>Lei's friend Danny has been making comments to Lei that have made her feel uncomfortable and he has sent her some photo's that have made her feel anxious (tightness in chest, or sick in the tummy). Should she talk? Who should she talk to?</p>