

Family Technology Agreement Template:

For each member of the family

This family technology safety plan is for:		
Child's name:	Includes these devices:	It will be reviewed every:
		Person who is responsible for reviewing:

We agree to only use devices:	
During these times:	And in these places:

We will use the internet for:	
These purposes:	With these time restrictions:

Our plan for managing the following situations:	
Receiving mean messages:	
Managing our personal information:	
Checking privacy settings on apps:	
Dealing with notifications or 'pop-ups':	

If something makes us feel worried or scared online we can contact these people:	
My 5 Safety helpers are:	

If any family member breaks this agreement, we will talk calmly and respectfully to each other and not overreact. We will work together to negotiate consequences and come to a resolution. This agreement may be revised in the future if we wish to do so. However, we accept to follow the current contract until we agree to a new one.

Children: Signed: _____

Parent(s)/Carer(s): Signed: _____