

Keeping kids safe!

Safety helper invitation



Instructions

1. Print this activity out in black and white, double-sided.
2. Cut around the dotted lines.
3. Give the invitation to your chosen safety helper.



Dear _____

I've been learning about my personal safety and how to RECOGNISE, REACT and REPORT when I feel unsafe.

I've chosen you to be one of my safety helpers. If I feel unsafe or scared about something, I might need to talk to you. Keep this letter with you and I can point to the things I want to talk to you about if ever I can't find the words.

Please listen to me, believe me and always help me feel safe.

Thank you fo being my safety helper.

From _____

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I want to talk about.....

Worries that I have

A friend

Something at home

A story I would like to tell

Something I have learned

An idea

A dream that I had

Something bad

A grown up

Something online

My family

Something that is happening at school

Something else

A secret

Something I need help with

Something good

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